



STUDENT MENTORING & LEADERSHIP

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Slides adapted from Kadie Mullins, ERAU

WHAT IS MENTORING?



- Why do we need a mentor?
- Why do we mentor?



CHOOSING A MENTOR

1. What do you need?
2. Are you compatible?
3. Do world views and life philosophies align?
4. Do they listen to you?
5. Do they challenge you?
6. Can you return the favor?

BEST PRACTICES: GETTING STARTED

1. Get to know one another and build trust.
2. Establish expectations.
3. Schedule regular communication.
4. Establish specific goals (long and short term).
 - What do you want to quit doing?
 - What do you want to do more of?
 - What do you want to start doing?
 - What are you expected to do that you haven't started?
5. Strategize benchmarks to accomplish each goal.
6. Include expectations, goals, benchmark, and other notes in a documented professional development plan.



BEST PRACTICES: MENTEE

1. Be proactive.
2. Be open-minded.
3. Know what you want/need.
4. Be assertive but respectful of mentor's time.
5. Challenge yourself and accept challenges.
6. Make time for self-reflection.
7. **Have multiple mentors.**

BEST PRACTICES: MENTOR

1. Listen.
2. Provide positively framed feedback.
3. Don't fix issues, provide guidance.
4. Role model best practices in your work.
5. Foster mentee's network.
6. Promote balance and independence.
7. Don't leverage authority.



LEADERSHIP

- What is a leader?
- What is leadership?
- What qualities make a leader?

“If you seek enlightenment for yourself simply to enhance yourself and your position, you miss the purpose; if you seek enlightenment for yourself to enable you to serve others, you are with purpose.”

-Dalai Lama



3 PRINCIPLES OF LEADERSHIP

1. Leadership is not management
2. Leadership is a collective activity
3. Leadership is rooted in service

LEADERSHIP ON CAMPUS

- How can you be a leader on your campus?
- How will you inspire others?

If your actions
inspire others
to dream more, learn more,
do more and become more,
you are a
LEADER.